

Substance Abuse Services

Quick Facts:

- Alcohol continues to be the most commonly abused substance in Utah
- Over 58% of clients successfully completed treatment; a 14% increase since last fiscal year
- Over 98,000 adults and youth are in need of, but not receiving, substance abuse treatment services
- Over 85,600 adults need treatment—yet there are only 16,320 slots available
- Over 12,300 adolescents need substance abuse treatment—yet there are only 1,364 slots available
- Over 9,000 Utahns have participated, or are participating, in Drug Court
- Drug Court participation has grown 46% since 2001, with over 32 Drug Courts operating statewide
- At discharge, 85% of Drug Court participants are abstinent from alcohol and 74% are abstinent from drug use—regardless of whether treatment was successfully completed

We are responsible for ensuring that prevention and treatment services for substance abuse are available statewide. If you, a friend, or family member has a problem with alcohol, tobacco or other drugs, there is help available. Treatment works. Hope and recovery are possible.

SOME OF OUR SERVICES

- Statewide, 13 local substance abuse authorities offer outpatient treatment services to individuals and their family members
- Local substance abuse authorities offer or coordinate for services ranging from early prevention to residential treatment
- Multiple prevention programs are available to individuals of all ages, families, schools and communities
- 32 drug courts are operated statewide, offering nonviolent, drug abusing offenders with intensive, court-supervised drug treatment as an alternative to jail or prison

SUPPORT GROUPS AND HELP FOR FAMILIES

Utah Support Advocates for Recovery Awareness (USARA), 801-634-6564, www.sarautah.org

Al-Anon/Al-Ateen Information Center, 801-262-9587, www.utah-alanon.org

Narcotics Anonymous, www.na.org

Alcoholics Anonymous, www.alcoholics-anonymous.org

Families Anonymous, www.familiesanonymous.org

IF YOU NEED MORE INFORMATION

Utah Division of Substance Abuse and Mental Health (DSAMH)
801-538-3939

To learn more about Utah's public substance abuse system, please view/download the DSAMH Annual Report (available online, www.dsamh.utah.gov)

Utah Behavioral Healthcare Committee (UBHC)

801-265-1331, www.uacnet.org/ubhn

Information and Referral Services

2-1-1

Substance Abuse and Mental Health Services Administration
www.samhsa.gov